

THE ALCHEMY CLINIC MONTHLY NEWSLETTER



# HELLO NOVEMBER

✦  
*November issue  
highlights from our  
Alchemy Insider*

Glow. Manage. Look Ahead.

Tis' the season for GRATITUDE AND GIVING, and here at The Alchemy Clinic, we are bursting with THANKS!

---

Fall is here! Brisk days can bring forth changes in your skin. Here are our tips to keep your skin glowing all season:

- **Hydration:** As the air gets drier with indoor heat, it's crucial to stay hydrated! Drinking plenty of water will help your skin lock in moisture and keep you hydrated from the inside out. You may also want to consider humidifiers in your home to restore moisture to the air.
- **Moisturize:** Environmental exposures in the fall can make your skin feel dry. Adding a hyaluronic acid serum to your regimen may help maintain your skin's moisture. If this isn't enough, you may need to switch to a slightly heavier moisturizer to combat dry skin. Products we love include ZO's Renewal Creme, Recovery Creme, and Firming Serum and Environ's Super Moisturizer and Hydrating Serum.
- **Adjust your skincare routine:** You don't need to change everything, but making a few tweaks to your regimen may be needed! For instance, trade in your exfoliating cleansers for a gentle or hydrating cleanser to prevent stripping the skin of its natural oils. Add in more moisture as recommended above, and make sure you are gently exfoliating your skin to remove dead skin cells and promote cellular turnover.
- **Lip Care:** Cooler temperatures can lead to chapped lips. Use a nourishing lip balm with ingredients like shea butter or beeswax to keep your lips moisturized. Also avoid things like matte lipsticks to prevent further drying of your lips.



---

## Alchemy Spotlight

There is so much to be thankful for this season! Here's what the Alchemy Clinic team is most thankful for!

Jenn: There is so much to be thankful for, but I am most thankful for my family and friends who fill my life with so much love and joy. I am also incredibly thankful for my Alchemy team. These women are the backbone of the clinic and none of this would be possible without them! And lastly, I am thankful to be in a position where I get to care for patients, improve their health and well-being, and build their confidence each and every day.

Jess: What a year! Thanksgiving is my FAVORITE holiday. For me it is a time to reflect on all the celebrations and small things in life. Oh and of course enjoy good food. This year I'm thankful for the things like good health, love of my family and "work family," and Testosterone (cause I'm feeling great!). But most of all, I am thankful for opportunity and flexibility. This past year I transitioned from working full-time as an ER nurse to being full-time at the clinic. This change has led to new growth and excitement in my career and the opportunity to meet some pretty amazing women and men along the way. It has also, most importantly, given me the flexibility to be a mom and not miss the BIG things in life like sports games and school activities. Happy Thanksgiving!

Jackie: Time, grace, growth, and of course, the people that have been on this wild journey of life with me. Not to mention what an honor it continues to be working with such inspiring women every day!

Erin: I am thankful for the lessons I learn from my children, the love of my husband, the support of my family, for new friends, for peace, and of course, Starbucks!

Delorie: Family, friends, and good health are three precious blessings that enrich my life daily. But I'm also very thankful for coffee!

Grace: New opportunities, quality time with family, and what the future has in store for me.

---

## Product Spotlight

### ZO Enzymatic Peel

---

Our favorite at-home peel—that doesn't peel! Often described as little PacMans, this peel will chomp away at dead skin cells while you sleep—leaving you glowing without the irritation and down-time of traditional peels. This peel provides enzymatic and chemical exfoliation to remove dead skin cells while replenishing hydration and lipids for skin barrier restoration and reinforcement.

Patients report instant brightness and improvement in texture and hydration. This peel is safe for all skin types. People with hard-to-treat Milia and KP (keratosis psoriasis—those little bumps usually found on the back of the arms) find this not only treats, but prevents those conditions from getting worse. Recommended use one to two times per week or as needed. The best part? Set it and forget it! If your skin is sensitive, it is recommended to initially leave on for one to three hours. More tolerant skin can leave on overnight. We recommend a skin consultation prior to starting to ensure you are on the best regimen for your skin type.

### Welcome Delorie!

The Alchemy Clinic team has grown by one more and we cannot be more excited to have her! Delorie is our social media manager and is bringing to life all of our thoughts and ideas for amazing social content. Delorie is one of the most energetic women we know and brings a bit of glam to all that she does. She is a mother of two, pilates extraordinaire, skincare guru, socialite, previous teacher with a keen eye for grammar and organization, and a friend to all.



While Delorie may spend more time behind the lens, she is an integral part of the TAC team! She is in the office often taking videos and spreading cheer, so make sure you give her a warm welcome when you see her!





---

## Saturday Appointments Available!

We have a limited number of Saturday appointments available this holiday season! These first come, first served appointments are from 9 a.m. to 2 p.m. and are only available by calling the Clinic at 603-206-5804.

November 18th | December 9th | December 16th

---

## In The News

Here at Alchemy we are loving DAXXIFY (the one and only peptide-powered neurotoxin)! We've been using DAXIFFY since it became available in March 2023 and our patients have been loving the results. DAXXIFY is an injectable neurotoxin that uses the same class of active ingredients—a purified botulinum toxin type A protein—similar to other toxins such as BOTOX® and Dysport®.

However, it is the first injectable neurotoxin formulated using a novel peptide as a stabilizer, meaning it does not contain human or animal by-products. FDA clinical trials found that DAXXIFY results can last up to six months in some patients.



Ready for a change? Click here to book your DAXXIFY appointment today!

Book Now

[www.alchemyclinic.com](http://www.alchemyclinic.com) | [@thealchemyclinic](https://www.instagram.com/thealchemyclinic) | November 2023



## Our Gift To You

EXCLUSIVE BLACK FRIDAY DEALS ARE ALMOST HERE!

Check out a sneak peek of TAC's Black Friday deals!

**THE ALCHEMY CLINIC**

### BLACK FRIDAY

ALL YEAR LONG WITH *Safe*

### THE ALCHEMY EXCHANGE

#### LOYALTY PROGRAM

- \*10% OFF ALL SKINCARE PRODUCTS
- \*\$1 OFF PER UNIT OF BOTOX OR DYSPORT
- \*10% OFF ENERGY BASED DEVICES  
(Excluding AviClear)
- \*ACCESS TO EXCLUSIVE MONTHLY MEMBER OFFERINGS

MEMBERSHIP COST IS \$175/MONTH  
ADDED TO YOUR TAC SAVINGS BANK

**THE ALCHEMY CLINIC**

### BLACK FRIDAY

### GIFT CARD

*Safe*

- \$1000 BONUS GIFT CARD**  
\*with \$5000 gift card purchase
- \$375 BONUS GIFT CARD**  
\*with \$2500 gift card purchase
- \$150 BONUS GIFT CARD**  
\*with \$1500 gift card purchase
- \$100 BONUS GIFT CARD**  
\*with \$500 gift card purchase
- \$50 BONUS GIFT CARD**  
\*with \$150 gift card purchase

### 20% OFF ALL PRODUCTS

ZO, Factor Five, Environ & UPNEEQ

**THE ALCHEMY CLINIC**

### BLACK FRIDAY

### TREATMENT

*Safe*

- AEROLASE FACE PACKAGE**  
BUY 3, GET 1 FREE  
Save \$500 \*Now only \$1500
- AEROLASE FACE & NECK PACKAGE**  
BUY 3, GET 1 FREE  
Save \$750 \*Now only \$2250
- AEROLASE & COOLPEEL PACKAGE**  
3 OF EACH  
Save \$1050 \*Now only \$2550
- DEKA TREATMENT WITH EXOSOMES**  
Save \$500 \*Now only \$2000
- ADD VI PEEL TO ANY AEROLASE OR TOX TREATMENT**  
Save \$75 \*Now only \$175

\*LIMITED QUANTITIES OF EACH PACKAGE AVAILABLE

Don't miss out on exclusive Black Friday savings! Treat a loved one—or yourself!—this holiday season.

These deals are only available from November 24th-November 27th. Call the Clinic or stop in to get them before they're gone!

Access Deals

---

## Upcoming Events - You Don't Want Miss This!

### RHA Virtual Event

---

Join us Thursday, November 16th at 6:30 p.m. to learn more about the RHA collection of dermal fillers and how full face treatments will leave you bursting with confidence and joy!

This one and only virtual event will:

- Highlight how The Alchemy Clinic approaches full face treatments and what areas of the face we treat
- Give you the opportunity to ask ANY questions you have about dermal fillers and toxins
- Give you a chance to WIN a FREE lip filler treatment
- And, offer HUGE SAVINGS on full face dermal filler treatments!

[Sign Up Here](#)

### Gratitude Challenge

---

Help us spread holiday cheer! We invite you to participate in our gratitude challenge. Share a moment of gratitude or an act of kindness on social media using #GratitudeInAction. Let's create positivity together this holiday season!

Get in on the action by donating WARM clothes to those in need this winter. Have coats and winter clothes you no longer use? Please bring them into the Clinic so we can donate them on your behalf! We will be collecting items such as NEW socks and underwear, hats, coats, mittens, and winter attire for both adults and children.

In appreciation for your generous donation, complete a raffle ticket to be entered to win a \$100 gift card to TAC. We are accepting drop offs at the Clinic from 9 am-5 pm daily.