

THE ALCHEMY CLINIC MONTHLY NEWSLETTER



*March issue
highlights from our
Alchemy Insider*

HELLO
MARCH

Glow. Manage. Look Ahead.

Product Spotlight

ZO Sunscreens



Spring is here! March 19th marks the first official day of spring this year and with the warmer weather we start thinking about sunscreen. Here at The Alchemy Clinic you can try all seven sunscreens that ZO carries. Their triple protection guarantee offers scientifically superior sunscreens which shield against UVA and UVB rays, high-energy visible

(HEV) blue light, IR-A (infrared) rays and pollution. They offer both mineral based sunscreens -for those of us that are acne prone, or chemical based sunscreens. Our new favorite is their Sunscreen + Powder which comes in three shades, all of which we carry. This is a great replacement for a powder foundation or a grab and go product for reapplying throughout the day. Important to note these sunscreen products boast seals of recommendation for daily use from the Skin Cancer Foundation.



Product Spotlight

Nutraceutical: Methyl Factors+ Why Methylation Support is Important for YOU!

In everyday life we expose ourselves to things that are detrimental to our health and immune system. Methylation is the process of taking all of life's toxic insults and helps the body process and ultimately excrete these insults. Methyl Factors+ is a supplement that helps to optimize your body's ability to combat toxic insults, but also helps promote healthy detox.

Methyl Factors+ assists in hundreds of biochemical reactions. It converts food to energy, DNA production, genetic expression, neurotransmitter production, detoxification, blood vessel health and function, and methylation. Methyl Factors+ is comprised of riboflavin (vitamin B2), vitamin B6, folate, and vitamin B12.

Riboflavin, also known as vitamin B2, is a key component of coenzymes involved with the growth of cells, energy production, and the breakdown of fats, steroids, and medications. It increases iron absorption, prevents oxidative stress, helps prevent cataracts, lowers homocysteine, supports methylation, improves energy during exercise, and improves migraines. Losing weight can increase your need for riboflavin by 60% during active weight loss as well as exercising 20-50 minutes a day, 6 days a week. If you do both together, this doubles your requirement of riboflavin.

Vitamin B6 is important for normal brain development and for keeping the nervous system and immune system healthy. Vitamin B6 converts amino acids to neurotransmitters and to glucose. B6 can help alleviate PMS, release stored carbohydrate to be used, important for production of hemoglobin, and helps regulate homocysteine.



Methyl Factors+ promotes normal methylation, supports a healthy heart, and encourages energy and focus. Other ways to support normal methylation would be through adequate intake of B vitamins in your diet.

If you find you have brain fog after eating, red faced with exercise, low energy, increased estrogen levels, or trouble falling asleep you may need methylation support.

Sculptra: The “Benjamin Button” Effect

Are you looking for the “Benjamin Button” effect? Well allow us to introduce you to Sculptra; an injectable that should be considered as part of everyone’s aesthetic plan. Sculptra is a biostimulator and falls under the realm of regenerative aesthetics. Regenerative aesthetics is the restoration of lost or damaged tissue with identical but healthy tissue to produce a natural and rejuvenated appearance.

Sculptra stimulates the tissue to produce both type 1 and 3 collagen which is important as collagen production starts to dwindle in the mid to late 20’s and early 30’s and progresses to a 1% loss every year thereafter. So why is collagen important anyway? Simple. Collagen is the foundation of youth. This is what gives the skin its youthful glow and plumpness. Collagen stimulates the formation of fibroblasts which help new cells grow, plays a vital role in replacing dead skin cells, and gives structure, strength and elasticity to the skin.

There are several studies that report an increase of 66.5% in type I collagen after 3 months after Sculptra injections.

While Sculptra was initially created to restore volume in patients with severe fat loss in the face, through the decades we have discovered that Sculptra can do so much more. Sculptra has the abilities to not only re-volumize, but to lift and slim a face, restore a youthful glow back to the face and truly keep is one of the biggest anti-aging weapons we have.

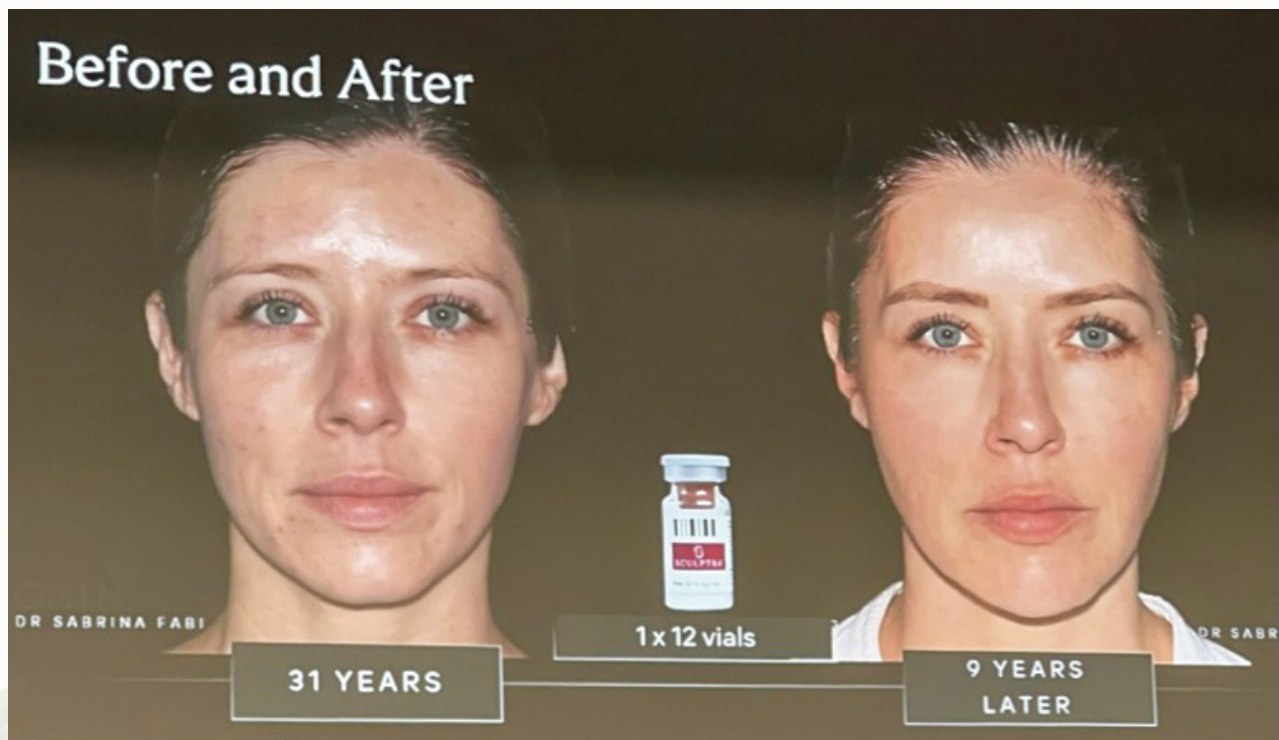
Sculptra doesn’t necessarily take the place of dermal fillers, as most patients will still require dermal fillers after Sculptra injections specifically for lower face correction including lip and chin augmentation as well

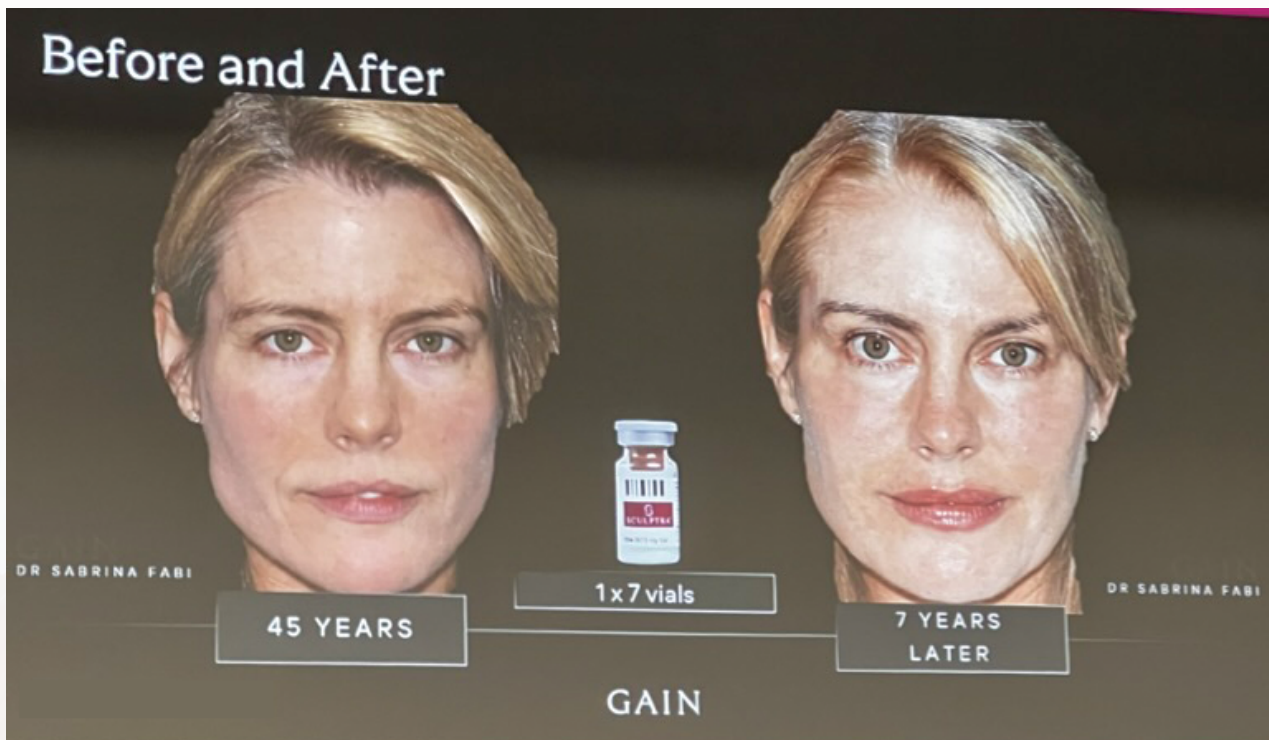


as under eye treatments. The eyes and mouth are encased by circular sphincter muscles that tighten and pull down when engaged, therefore this is not an ideal place for Sculptra as we do not want to impact movement in these areas.

Results are not instantaneous, as it takes time for our bodies to produce the transformative effects of Sculptra, but unlike dermal fillers, the results of Sculptra are longer lasting and will give you the foundational support that your tissue needs!

Below are photos of patients that were followed for several years. They received Sculptra treatments throughout the years as well as dermal filler to their lips, lower face, toxin treatments and skin resurfacing. They truly are aging backward.





Interested to see if Sculptra is the right treatment for you!?

Book a consultation today!

Book Now

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READY TO TRY DAXXIFY? The Only Peptide-Powered Neurotoxin on the market? For a limited time ONLY get \$75 off your treatment!

Book your appointment before this offer disappears!

Book Now

